

South Park

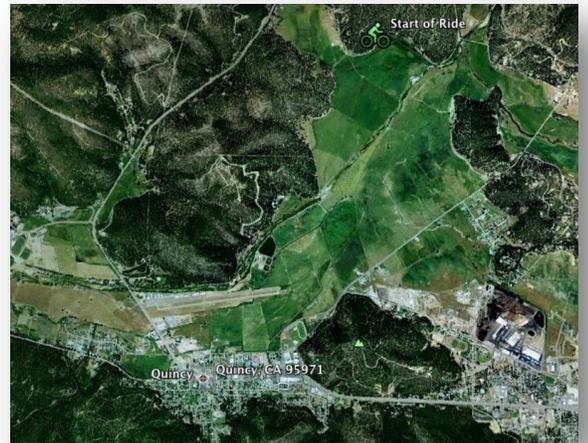
Five Peaks Mt. Bike Trail

By Miles Gallagher

Aprox. 6 mi. round trip + 3 Stars



History: In the past South Park has been used for logging by Sierra Pacific Industries. As you may know Quincy is a very big logging town with one huge mill that runs 24 hours a day. You will commonly see lumber trucks leaving town empty and returning full of trees. Although SPI developed most of the road systems, they are not in use any more.



Description: The South Park trail system is one of the primary trail systems close to the town of Quincy. It sits at the base of Mt. Hough and the North East corner of the American Valley. The trail system consists of approximately 25 miles of generally high quality user made, flowy, wooded singletrack, with a sweet descent to Spanish Creek and the Cascades; a series of waterfalls that only a few of the gnarliest local kayakers have ever survived.

Directions From Quincy: From intersection of Quincy Junction Rd. and Hwy 70, head out Quincy Jct., at your first stop sign take a left onto Chandler Rd., drive approximately 1.5mi, when you cross over the bridge stay left, after the 1.5mi you will see a forest road that heads up to the right (see pic.), it will have two roads split by a tree in the middle. You may park here to start your ride.



Parking

Five Peaks Loop

Time Needed: About an hour on a mt. bike.

Sun Exposure: The majority of the trail is in the trees, with sections of sun. (LOW)

Elevation: Starting at 3,500ft and climbing as high as 4,000ft.

Rating: Intermediate, there is steep climbs but not very long and tight turns through narrow trees on the descent.

Gear Needed: A mt. bike, no suspension required, helmet, water, these directions.

Directions: From parking area head straight up road, go around the yellow gate and continue straight through intersection above gate.

Ride on this road for .5mi then stay right at fork (pictured) and almost immediately take a right at the T.

Continue riding on this road as it winds and climbs for about .5mi,



Left Turn onto Single Track

you will come to a four-way intersection with single tracks on the left and right, take the left trail that heads straight up into tight switchbacks.



Fork

You will continue over multiple peaks and drops and finally there will be a jump (of sorts) in the trail, just after it stay right.

Continue your downward decent and just before you come into flat Manzanita there is a sharp left turn onto a single track (almost a U turn). If you miss it you will know by hitting a Y with the right road having a hump across the entire road. Turn around and go up the way you came about 50yds looking for the single track.

Just follow this straight for a good while and it will spit you back out of the road you climbed up on.

About 1/8th mi take the first left that will be the first road you were on, continue riding and this will take you back to the gate and eventually your car.

Risks/ Pitfalls: On your descent of the single track the trees are very tight so watch you handle bars. There are wild animals as well: Bears, Deer, Mt. Lions, Snakes, ect.