

South Park Disk Golf Course

By Graham Meese



Driving off the 3rd Tee!

History

This course was created by local disk golf enthusiasts. It is situated on the Plumas National Forest and is informally created and maintained.

Description

Come take a wandering walk and play a game while you're at it! Disk golf is a fun sport for all ages and combines a fun competitive environment with a beautiful walk through the woods, creating a whole lot of fun to be had.

Directions

From Main St. in Quincy, head towards east Quincy and take a left onto Quincy Junction road at the first stoplight. Drive on Quincy Junction until the first stop. At this stop, take a left onto Chandler road after crossing the bridge, continue left on Chandler road for 0.5 more miles, until you see the first right up an unmarked dirt road. Continue up this road for 100 yards until the first flat area and park. If you do not own a disk golf Frisbee you can purchase them in town at The Bike Shop, on Laurent St. in Main Quincy.

The Course

The South Park Disk golf course is an informal course, so the tee pads are made of rocks and branches, instead of cement. The Baskets are two pieces of surveyor tape which you must hit in between. **Important**, the **green and orange** baskets are for going **up** the ridge and the **purple and pink**

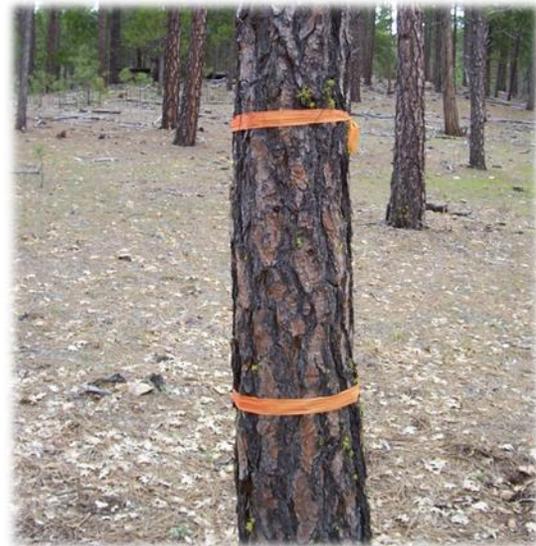
baskets are for coming back **down** the ridge. The first tee is at the left southwest end of the clearing where you park shown in the picture below.



The first basket is up the ridge (to the right in the picture). The next pad is at the large white cross just up the hill. Tee pads can usually be identified by logs pointing in the direction of the next hole and scuff marks made by the feet of people throwing their drive. If you can't see the next tee pad, then look around for trails leading away from the hole you just finished and be creative! If you do not find the tee pad, start from the last hole played. Below are some Pictures of what a typical tee pad and basket look like at South Park. There are 18 holes, and a great time awaiting!

Time Needed: A typical game takes between an hour and an hour and a half. You can cut it short by simply playing back down the ridge.

Gear Needed: To play the game you only really need one disk, but anyone who is into the game will have a quiver of disks which are designed to fly in different ways. There are three main types of disks: a driver, a mid-range, and a putter.



Playing Disk Golf!

Disc golf is played like ball golf using a flying disc. One point is counted each time the disc is thrown and when a penalty is incurred. The object is to acquire the lowest score, (without cheating). Below are some terms commonly used in disk golf.

Tee Throws

Tee throws must be completed within or behind the designated tee area. Do not throw until the players in front of you are out of range.

Lie

The spot where the previous throw has landed, mark with a mini disc or turn over the thrown disc, directly towards the hole or dog leg.

Throwing Order

After teeing off, the player whose disc is farthest from the hole always throws first. The player with the least amount of throws on the previous hole is the first to tee off on the next hole.

Fairway Throws

Fairway throws must be made with the foot closest to the hole on the lie. The other foot may be no closer to the hole than the lie. A run-up and normal follow-through, after release, is allowed.

Dog Leg

A dog leg is one or more designated trees or poles in the fairway that must be passed as indicated by arrows. Until the dog leg is passed the closest foot to the dog leg must be on the lie when the disc is released.

Completion of a Hole

A hole is complete when the disc hits in between the surveyor tape.

Un-Playable Lie

Any disc that comes to rest above the ground is considered an un-playable lie. The disc must be thrown from the lie on the ground, directly underneath the un-playable lie. Relocated to avoid damage to the vegetation.

Course Courtesy

Please pick up trash and help new players play by the rules. You are the one that makes it work. By your example, disc golf will change your life and theirs too. Remember the most important rule: The one who had the most fun wins! Tee off & fly freely.
(<http://www.discgolfassoc.com>)

This guide book entry was created by Graham Meese



A distance driver



Jared driving off a tee pad!