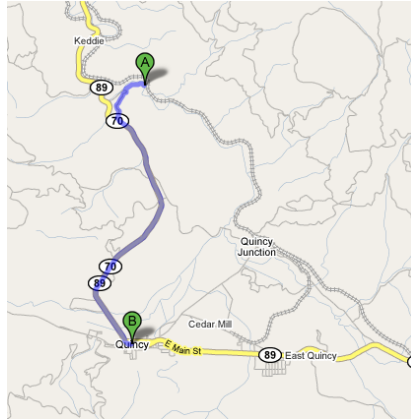


# The Cascade Trail

By Jared Licht



Overhead map

**Driving Directions:** Leave Quincy on highway 70 West towards Oroville. Drive 5 miles to old Highway. Take a right on old highway and follow the dirt road down to Spanish Creek. Park at the end of the road.

**The Cascades Trail** is an easy walk to a beautiful swimming hole and small waterfalls. Very accessible for anyone looking for a quick and easy hike. I would give the Cascades 3 stars.

**Time Needed:** 20 minutes of hiking.

**Sun Exposure:** You will find most of the sun in the middle of the day.

**Difficulty:** Easy.

**Gear Needed:** Light hiking shoes.

**Hiking Directions:** Once you park you will find a trail leading up the creek. Follow this trail for 1 mile until you reach the Cascades.